

JANUARY 2022

POPE ST. JOHN PAUL II

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| December 27, 2021 | December 28, 2021 | December 29, 2021 | December 30, 2021 | December 31, 2021 |
| January 3, 2022 | January 4, 2022 | January 5, 2022 | January 6, 2022 | January 7, 2022 |
| CINNAMON TOAST CRUNCH ^ Vanilla Waffle Square, Craisins, Grape Juice, Choice of Milk VEGETARIAN CHILI WITH BEANS Cornbread ^, Mixed Vegetables, Applesauce, Choice of Milk | TURKEY HAM & CHEESE ON ENGLISH MUFFIN Diced Peaches, Orange Juice, Choice of Milk *NATIONAL SPAGHETTI DAY* SPAGHETTI & MEATBALLS ^ Broccoli, Diced Peaches, Choice of Milk | DOUBLE CHOCOLATE MINI MUFFIN Mozzarella Cheese Stick, Applesauce, Blended Fruit Juice, Choice of Milk SANTA FE CHICKEN Tortilla Rounds ^, Corn, Orange Juice, Choice of Milk | MAPLE PANCAKES Diced Peaches, Apple-Cranberry Juice, Choice of Milk SLOPPY JOE Hamburger Bun ^, Baked Beans, Craisins, Choice of Milk | *NEW ITEM* POWDERED DONUT ^ Applesauce, Grape Juice, Choice of Milk PANCAKES & SAUSAGE ^ Tropical Veggie Juice, Diced Peaches, Syrup, Choice of Milk |
| January 10, 2022 | January 11, 2022 | January 12, 2022 | January 13, 2022 | January 14, 2022 |
| FROSTED CORN FLAKES ^ Cherry Breakfast Bar ^, Craisins, Orange Juice, Choice of Milk CHEESY BAKED PENNE WITH GREEN BEANS Breadstick ^, Diced Peaches, Choice of Milk | BEEF SAUSAGE SLIDER ^ Diced Peaches, Grape Juice, Grape Jelly, Choice of Milk MEATBALL SUB Hot Dog Bun ^, Broccoli, Orange Juice, Choice of Milk | RICE CHEX ^ Graham Crackers ^, Fresh Apple, Choice of Milk CHEESEBURGER Hamburger Bun ^, Mixed Vegetables, Fresh Banana, Mustard, Ketchup, Choice of Milk | CINNAMON TOAST CRUNCH FILLED BAR ^ Fresh Banana, Blended Fruit Juice, Choice of Milk CRUNCHY CHICKEN TENDERS ^ Seasoned Diced Potatoes, Baby Carrots, Ranch Dressing, Sliced Apples, BBQ Sauce, Choice of Milk | BLUEBERRY MINI MUFFIN ^ Mozzarella Cheese Stick, Fresh Apple, Choice of Milk BBQ CHICKEN Hamburger Bun ^, Baked Beans, Diced Peaches, Choice of Milk |
| January 17, 2022 | January 18, 2022 | January 19, 2022 | January 20, 2022 | January 21, 2022 |
| MARTIN LUTHER KING JR. | TRIX ^ Maple Breakfast Square ^, Craisins, Blended Fruit Juice, Choice of Milk PIZZA DIPPERS ^ Marinara Sauce, Sun Splash Veggie Juice, Cinnamon Applesauce, Choice of Milk | BANANA MINI MUFFIN ^ Mozzarella Cheese Stick, Fresh Apple, Choice of Milk *GLOBAL BITES* MOROCCAN MEATBALLS W/PEARL COUSCOUS Broccoli, Fresh Banana, Choice of Milk | CHICKEN BISCUIT ^ Fresh Banana, Grape Juice, Honey, Choice of Milk TERIYAKI CHICKEN PATTY Hamburger Bun ^, French Fries, Fresh Orange, Ketchup, Choice of Milk | GOLDEN GRAHAM CEREAL ^ Vanilla Waffle Square ^, Fresh Apple, Choice of Milk CHICKEN NUGGETS WITH BAKED BEANS Baby Carrots, Ranch Dressing, Diced Peaches, BBQ Sauce, Choice of Milk |
| January 24, 2022 | January 25, 2022 | January 26, 2022 | January 27, 2022 | January 28, 2022 |
| COCOA PUFFS ^ Strawberry Pancake Square ^, Craisins, Apple-Cranberry Juice, Choice of Milk CHEESE PIZZA ^ Country Blend Vegetables, Diced Peaches, Choice of Milk | CHERRY FRUDEL ^ Diced Peaches, Blended Fruit Juice, Choice of Milk CRISPY CHICKEN PATTY ^ Hamburger Bun ^, Mashed Potatoes, Sun Splash Veggie Juice, Cinnamon Applesauce, BBQ Sauce, Choice of Milk | DOUBLE CHOCOLATE MINI MUFFIN Mozzarella Cheese Stick, Fresh Apple, Choice of Milk *WALKING TACO* TURKEY TACOS Wild White Nacho Doritos ^, Salsa Cup, Romaine Salad, French Dressing, Fresh Pear, Choice of Milk | TURKEY HAM & CHEESE ON ENGLISH MUFFIN Fresh Banana, Orange Juice, Choice of Milk CORN DOG ON A STICK Potato Wedges, Sliced Apples, Mustard, Ketchup, Choice of Milk | STRAWBERRY YOGURT Granola ^, Fresh Apple, Choice of Milk SLOPPY JOE Hamburger Bun ^, Baked Beans, Orange Juice, Choice of Milk |
| January 31, 2022 | February 1, 2022 | February 2, 2022 | February 3, 2022 | February 4, 2022 |
| APPLE CINNAMON CHEERIOS ^ Graham Crackers ^, Craisins, Orange Juice, Choice of Milk BEAN & CHEESE BURRITO ^ Whole Kernel Corn, Cinnamon Applesauce, Taco Sauce, Choice of Milk | | | | |

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

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